



Post Op Instructions Facial Surgery

1. Regular diet, if no nausea. Otherwise, clear liquids and advance slowly as tolerated.
2. Take medication as directed by physician.
3. It is important not to be alone the first 24 hours after surgery.
4. Minimal activity remainder of the day then advance activity gradually.
5. Pain medication: medication as routinely used for temperature or discomfort.
6. Limit activity to avoid trauma to wound site
7. Use bandage if any drainage. For redness, increased tenderness or excessive drainage from site, please contact physician.
8. Do not submerge wound. Keep wound dry for 2 days. Avoid direct stream of shower.

Clean wound site twice daily with hydrogen peroxide on a q-tip and keep moist with Bacitracin ointment.

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